



Dear CCA Parent/Guardian:

During the school year, some students may experience respiratory symptoms (reactive airway) or asthmatic exacerbations requiring prescribed inhalers. We need your assistance to start the school year off safely.

Each student requiring an inhaled medication in the school will need a physician's order on file. Attached to this letter are two forms that will need to be completed and returned to the school **prior** to the start of school:

1. The ***Individual Health Care Plan*** can be filled out by the student's parents, signed and returned.
2. The ***Massachusetts Asthma Action Plan*** needs to be filled out by your student's physician and signed by the MD and the parents. Please read and sign both sides of that form and return to CCA as soon as possible. **If your Doctor's office can fax an Asthma Action Plan directly to us our fax number is 978-535-7123, attention School Nurse.**

If your child would prefer to carry their own inhaler, instead of having one kept in the nurse's office, please let us know. We will need to meet with your student to ensure proper self administration of his/her inhaler.

When sending in your student's inhaler, please be sure it is delivered in its original pharmacy labelled container. If your student has an aero chamber prescribed as well, please send one to the school.

All athletes participating in after school sports events who carry an inhaler should make every effort to always have their inhaler on hand. Please check your student's travel/gym bag to ensure that the inhaler is in it.

We look forward to working with you and your children this year. If you have any questions or concerns, don't hesitate to contact us!

Sincerely,

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